



SUMMER 2009

The Advocate

Hamilton County Sheriff's Chaplain's Division Community Newsletter

MISSION STATEMENT

The mission of the Chaplain's Division of the Hamilton County Sheriff's Department is to serve the personnel, the community and the inmates as a supportive volunteer group of qualified ministers or counselors, who will assist, by request, in matters of personal, marriage, job or spiritual counseling and to be available to assist in time of emergency, as needed.

SERVING OFFICERS

SERVING COMMUNITY

SERVING FAMILIES

SERVING INMATES

Mental Illness: Impact to Indiana Department of Corrections

Indiana has mirrored the rest of the nation, with its correctional facilities population increasing more than 530% in thirty years. According to the Indiana Department of Correction, the inmate population has exploded from:

- **January 1979** 4,400
- **January 2008** 27,742

The spike has had a hefty price tag for taxpayers. The department's \$635 million annual budget is the largest of any state agency, reports the *Fort Wayne News-Sentinel-2009*.

Indiana's prison budget has officials realizing that "busting more people could bust the budget." Like most other states around the nation, prison budgets are depleting resources from other areas, causing policymakers to rethink their incarceration strategies and implement alternatives.

An Indiana Department of Correction spokesman said if a true truth-in-sentencing law were enacted, state prison capacity would "explode" and cost the state hundreds of millions of dollars.

Ryan S. King, policy analyst for The Sentencing Project, stated that "... we need to take a step back and patiently think about what are our other options. Incarceration for everybody is not necessarily the best solution and particularly for substance abusers and for people who suffer from mental illness."

Some Facts & NAMI Statistics

57.7 million Americans experience a mental health disorder in a given year. Statistics from the 2008 medical records from Hamilton County Correction Facility include these rough mental illness statistics on those who are incarcerated there:

- 20% Suffer Bipolar Disorder
- 15% Suffer Depressive Illnesses
- 15% Suffer Anxiety Disorders

Fifty percent of persons living with mental illness also have a substance abuse problem.

Approximately 60% percent of inmates in the Hamilton County Corrections facility have substance abuse issues.

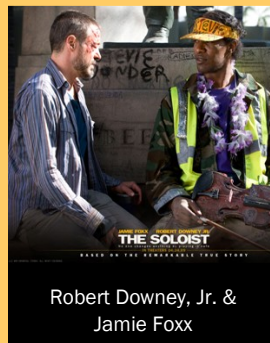
Untreated mental illness is often destructive enough, but when an ill person also develops addictive behaviors (to self-medicate), life spins out of control more quickly. Addiction can be physical, psychological, or both. Repeated cycles of treatment and relapse are more common than many realize. Families, friends, clergy - anyone in a care-giving role - are often desperate for guidance and resources.

Knowing more about addictions, how to respond, where to get training and where to turn for help was the goal of the:

2009 FaithCEP Conference
"Addictions in the Congregation"
The Role of Faith and Community in Recovery

The National Alliance for the Mentally Ill-Indianapolis can help you find the resources you, your staff or your loved one need. One in four adults are afflicted by mental illness, most likely some-one you know. Help Stop the Stigma.
 NAMI Call 317-767-7653

The Soloist: Why See the Movie?



Robert Downey, Jr. & Jamie Foxx

Nearly 2.4 million Americans suffer from schizophrenia. This is the disease that the character Nathaniel suffers from in the movie "The Soloist".

The movie is based on the true story of Nathaniel Ayers (Jamie Foxx), a musical prodigy who developed schizophrenia during his second year at Juilliard School. Ayers becomes homeless in the streets of downtown Los Angeles, playing the violin and the cello.

One in seventeen people live with a serious mental illness, such as schizophrenia, major depression or bipolar disorder. Many are in jail.

Chaplaincy Programs

Men and Women
 Protestant Worship Services
 Christian Addiction Recovery
 N/A Christian Intervention
 GED
 AA

Mental Health Classes
 Bible Studies
 Gideon's Studies

Men Only
 Men's Catholic Spanish Services
 Men's Chemical Intervention
 Men's Catholic Services

Women Only
 Women's Survival Skills
 Prevail Women's Challenge



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Vicodin is one of the most commonly abused illicit drug among adolescents and young adults .

My Favorite Nights Are Wednesdays at the Jail

"Three years ago, I took the first difficult steps on my personal journey away from substance abuse. I began moving toward a fuller life focused on recovery within the fellowship of Narcotics Anonymous. One year later, I started seeing a Christian addiction recovery counselor. He introduced me to *"The Twelve Steps for Christians: A Spiritual Journey,"* which led me on a path to full recovery," shares Dave Snyder, a member of White River Christian Church.

"One of my pastors invited me to get involved with WRCC's first Men's Christian Recovery Bible Study at the jail. Once I made the commitment, I attended an orientation session led by Chaplain Burton. The other volunteers and I were taught our responsibilities in regard to safety and code of conduct—general rules everyone is required to follow within the facility."

"Wednesday nights are my favorite because I get to take part in honest soul-searching with a group of my peers. Scripture speaks to us in fresh ways. Some weeks I see faith triumph over fear, hope win out over despair and love overcome self-centeredness. God is at work and we get to join in what He is doing for a little while each week."

"Yes, I was nervous on the evening of the first study. I was joined by three men from church. Each had first-hand experience with the power of God to forgive and change lives. I guess I had expected the inmates to be "hardened" by their incarceration. I couldn't have been more wrong. Not that these guys aren't "tough"; most of them have been through a lot. Many struggle with dependency on drugs and alcohol. I can strongly identify with the journey they are beginning."

"The Twelve Steps for Christians: A Spiritual Journey" is the foundation for the curriculum we are piloting with those incarcerated. Together, we look at life through the lens of faith with the Bible as our authoritative guide, and honest sharing takes place. We open the dark places in our lives to the light of Truth. We are on equal ground before our Maker. We have all fallen short and rely on God's grace and mercy to find hope for our future."

"On a practical level, we discuss the "tools" of recovery. How can we live life free from drugs and alcohol on the outside? We rely on the fellowship of other recovering addicts, we attend recovery meetings, we find a sponsor, we develop a network of safe people we can call on when our thoughts turn back to the dark places, we meditate on God's word, we spend regular time in prayer, we plug into a local church family, we read recovery literature, and we invite other addicts to join us in this new way of life."

Just because you make a mistake does not mean you are one.

Author Unknown



Dear Sheriff,

The most important aspect, that surely reflects your entire organization, is in the Hamilton County Jail Chaplaincy. I cannot put into words what Chaplain Burton and the various ministries the chaplaincy supports has meant to us and our son. I think Chapel, Bible Study, Overcomer's and AA play a vital role in the process of rehabilitation at your facility. I applaud and thank Chaplain Burton and his ministry there. This type of ministry has been one of the most important ministries that exists. How could we put a dollar sign on even one person that this ministry has helped or placed back on the path of Christian love and morality.

Privacy Protected

"Ten Years Ago I Knew..."

...someday, I would be volunteering at a correctional facility. While attending a Women's Retreat I heard a message on prison ministry. I knew then that this was my calling," explains Kathy Stiehl.

Kathy has been volunteering through the Chaplaincy for six years as a leader of Women's Bible studies and worship. "God is in the business of changing lives. The saddest situations are girls who have been molested. It is such a tragedy. I met a girl whose own mother introduced her to drugs as a small child and she became hooked. When I see girls accept Christ or repent of their lifestyle, it so blesses me."

"Volunteers meet average girls who have made mistakes like all of us. The girls do not care about how much you know about the Bible, or what your credentials are or what your background is. They just want to be treated like they are God's people - no better, no worse. They want to be heard and to be loved and believed in. I know four girls who have been released and are doing great things for the King-

dom." Kathy has not only developed relationships with the inmates, but also the Chaplains. "The Chaplains bless me every time I see them."

Like the girls and the rest of us, Kathy is still learning. She said, "I have learned I need to depend on and walk in the Spirit. I know from experience if I walk in the flesh, it does not go well."

"Flee the evil desires of youth, and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart."

2 Timothy 2:22



Web photo



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Jail Commander: Captain Eddie Moore

"Serve, not served. Lead, not lord. Leadership IS OTHER-CENTERED!" Captain Eddie Moore bears the weight of the community's financial investment in providing sufficient detention facilities, and the responsibility to utilize all resources effectively. He and his team provide a safe and secure environment for all individuals in the Hamilton County Correction Facility. It is something he is clearly passionate about. His words communicate that he approaches his station intentionally and earnestly.

"Not unlike being called to "preach," I did not choose this profession, IT CHOSE ME. This was my calling and I obeyed. God blessed me athletically and my stand, based upon God's word, led me to be considered a 'nonconformist'," explains Captain Moore. An Indiana Law Enforcement Academy graduate of class 89-95 and class president, he detailed his career path. "I began in July 1987 as the Sheriff's first Corrections Officer and advanced to Merit Deputy status in March 1988. I have served as Patrol Deputy, Detective, Sergeant, Public Information/Community Relations Officer, Lieutenant, Assistant Jail Commander, and currently Jail Commander and Captain."

Captain Moore elaborates on how he oversees those who are in the care and custody of the facility and those who work there. "As I am attending to my calling, those I serve deserve nothing but my best effort and passion. Being of meaningful assistance to fellow humans keeps my passion afire. Because I naturally am of passionate personality, if I involve myself with a thing, my passion will be displayed. Promoting safety, tactical awareness, etc. while treating others with respect and dignity is an expectation. If one can work in a potentially violent environment after being properly trained and can count on their fellow employees to behave professionally and are able to trust their leadership, one can operate confidently. This will lead to humanity as fear is taken out of the equation."

How has Captain Moore grown as a person over the years? "This profession has not shaped me so much as the people who have mentored me in the process. My basic views of humans and the events that occur with them have not changed. My abilities of working through them has. Those who have invested in me have shaped me in far greater and significant ways. My greatest enjoyment is meeting those whose circumstances led them to spend time in this facility. After they have been released and they describe their stay, I like hearing if they felt they were treated with respect and dignity. This says something very positive about our staff and the leadership vision that has been adopted and advanced."

When asked what makes for a good day, he responded:
"They are ALL good days, some are just better than others!" "There, but for the grace of God, go I."

Captain Moore's Hobbies
Tactical training, reading, traveling, skateboarding, surfing (if we had an ocean nearby) and most activities that my wife and children find fun.

While there is a lower class I am in it,
While there is a criminal element I am of it,
While there is a soul in prison I am not free.

Eugene Debs

Hamilton County Jail Division Mission Statement

The mission of the Hamilton County Jail Division is to provide a safe working and living environment. The division holds paramount the protection of the staff, the inmates, and the community it serves. The employees of the Jail Division believe in the practice of team qualities that produce an atmosphere of cooperation and respect between the officers and inmates. Conducting business of the judicial system is done with efficiency and professionalism emphasizing work quality over work quantity. Each officer is trained to utilize the advantages of technology, professional instruction, and modern techniques, while meeting the needs of the individual, thus ensuring the division's and employee's success toward completing our mission.



Captain Moore



Hamilton County Sheriff's Chaplaincy
 18100 Cumberland Road
 Noblesville, IN 46060

Visit us on the web.
www.hamiltoncountychaplains.com

What Do 57.7 Million Americans Share in Common?

- One in four adults, nearly 57.7 million Americans, experience a mental health disorder in a given year.
- One in seventeen lives with a serious mental illness, such as schizophrenia, major depression or bipolar disorder, and about one in ten children have a serious mental or emotional disorder.
- About 2.4 million American adults live with schizophrenia.
- Bipolar disorder affects 5.7 million American adults, nearly 2.6 percent of the adult population per year.
- Major depressive disorder affects 6.7 percent of adults, or about 14.8 million American adults.
- According to the 2004 World Health Report, depression is the leading cause of disability in the U.S. and Canada in ages between 15 to 44.3
- Anxiety disorders, which include panic disorder, obsessive-compulsive disorder, post-traumatic stress disorder, generalized anxiety disorder, and phobias, affect about 18.1 percent of adults. 40 million individuals.
- Anxiety disorders frequently co-occur with depression or addiction disorders.
- Half of all lifetime cases of mental illness begin by age 14, and three-quarters by age 24.
- Despite effective treatments, there are long delays, sometimes decades, between first onset of symptoms and when people seek and receive treatment.
- Over 50 percent of students with a mental disorder aged 14 and older drop out of high school, the highest dropout rate of any
- 24% of state prisoners and 21% of local jail prisoners have a recent history of a mental health disorder.
- Seventy percent of youth in juvenile justice systems have at least one mental disorder with at least 20% experiencing significant functional impairment from a serious mental illness.

*Information provided by
 NAMI - National Alliance on
 Mental Illness-
 Fact Sheet*

*For more info on the impact of
 mental illness on society go to
www.nami.org*

Please Mail
 Donations To:

Chaplaincy Fund
 18100 Cumberland Road
 Noblesville, IN 46060

A Chaplain's Corner: Chaplain Paul Arnold

"I was struck head on by an oncoming vehicle on my way to lead bible study at the Pendleton Correctional Facility. I was life-lined to Methodist Hospital and was told I died twice. While convalescing for about a year, I got really, really closer to God." Seven years ago, after his accident, Paul went through the process to become an official Jail Minister and was ordained as a Chaplain by Christ Community Church in Noblesville and International Conference of Police Chaplains. Chaplain Paul explains, "I believe I was called to this mission. Seven years doesn't seem very long as I see the differences made in so many lives. This mission has blessed me by giving my life purpose through providing inmates hope and direction. The most difficult part of the job is participating in death notifications. Yet, my favorite part of the mission is praying with an inmate to receive Christ." "My accident and my spiritual growth afterward

has also brought my family closer to God as they saw God work miracles in my life. My BEAUTIFUL help-mate of fifty years, along with three children, eleven grandchildren, fifteen great grandchildren, my friends, and my bible studies are my "hobbies." Along with his service to the Chaplaincy, he regularly volunteers at hospitals and Third Phase. He also mentors in his free time!

Chaplain Paul refers to his calling by the truth provided in:

Romans 8:28
"And we know that in all things God works for the good of those who love him, who have been called according to his purpose."



More about
 Chaplain Paul Arnold @
www.hamiltoncountychaplains.com